



Elizabeth A. Fredette

May 7, 1962 - June 21, 2021

Elizabeth “Liz” Salvaggio-Fredette passed away peacefully in her sleep the morning of June 21st, 2021, surrounded by her loved ones. She is survived by her husband Richard “Ricky” Fredette, daughter Madison Fredette, Stepson Joshua Fredette, brother Frank Salvaggio (Barbara), and several other cherished family members, including nephews, nieces, cousins, and in laws. Liz was predeceased by her parents Charlotte Salvaggio (O’Brien) and Vito Salvaggio, as well as her dear sister, Jacqueline Sullivan.

A life-long resident of Troy, New York, Liz was born on May 7th, 1962. She was the baby of her family and remained the apple of her parents’ eyes, even into adulthood. Liz attended St. Patrick’s Catholic Elementary School and Catholic Central High School. She was a dedicated employee of the City of Troy for over 23 years.

Together for over 30 years, Liz met her other half, husband Ricky, while waitressing at Mac’s Seafood in Cohoes. The pair truly completed each other, evident in all they were able to achieve together as a team through the years.

Sharing an unbreakable mother-daughter bond, Madison was Liz’s greatest accomplishment in life. She never missed an opportunity to brag about her beautiful and smart “bae”, a nickname the two affectionately gave one another, standing for “before anyone else”. Liz dedicated her life to giving Madison the best education possible and constantly shared invaluable advice, such as the importance of politeness, resiliency, empathy and much more.

With unparalleled humor and infectious laughter, a gleaming personality and genuine heart, Liz easily made friends wherever she went. The moniker “Goodie” was her unique catchphrase, a term of endearment used to remind those around her how much she loved them. Her devotion and strong sense of loyalty led to several lifelong friendships. She would do anything in her power to show her friends unending love and support.

Liz’s other passions in life included being a dog mom to her beloved Bingo, and more recently Lilly, who she proudly adopted from Steve Caporizzo’s pet connection. She had a passion for fundraising and was known as the top earner year after year for “The Sprint” fundraiser, a program supporting St. Mary’s Catholic School where her daughter Madison received elementary education. Trips to the grocery store brought her joy and she would never pass up a good steak dinner. She loved cooking for friends and family, especially

her famous sauce. A woman of faith, Liz carried God with her wherever she went. She was known for the saying "If you don't have faith, you don't have anything".

Family and friends are invited and may call from 9:00 am to 12:00 pm on Friday June 25, 2021 at the McLoughlin & Mason Funeral Home, corner of 109th Street and Third Avenue, Lansingburgh. Funeral mass will be celebrated 12:30 pm on Friday June 25, 2021 at St. Mary's Church, Waterford following calling hours. Burial will be at St. John's Cemetery, Troy. Please visit <http://www.mcloughlinmason.com>

Cemetery

St. John's Cemetery

250 Cemetery Rd
Troy, NY, 12180

Events

JUN 25 **Calling Hours** 09:00AM - 12:00PM

McLoughlin and Mason Funeral Home
8 109th Street, Troy, NY, US, 12182

JUN 25 **Funeral Mass** 12:30PM

St. Mary's Church-Crescent
86 Church Hill Road, Waterford, NY, US, 12188

JUN 25 **interment** 02:00PM

St. John's Cemetery
250 Cemetery Rd, Troy, NY, US, 12180